

# **Twelve Powers in You**

## **2007: A Year of Wisdom-Judgment-Justice**

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**Wisdom-judgment-justice – Pituitary gland & endocrine system – Green**

**Judge not lest you be judged, but judge righteous judgment.**

**Be wise as a serpent, gentle as a dove.**

**Sit on your I Am throne and judge the twelve tribes of Israel.**

## 1 – Be in Heaven in 2007

On his deathbed in 1948, Charles Fillmore, co-founder of Unity, had a vision of the New Jerusalem descending to earth (see below). Beginning this week and for all of 2007, we will experience the descent of our I Am or Christ or high Self, the overshadowing and pouring forth of our light or electric or resurrected body. Throughout 2007, we will envision heavenly health, holiness and harmony for one and for all. What Charles Fillmore foresaw will manifest in our lives and all around the globe. What we see, will be.

What is heaven? It is I Am consciousness, our spiritual essence, the eternal good or the Christ within and around us. Where is heaven? Right here, right now, whenever we love God and we love one another. As we rest in the peace of our I Am Self, we experience a new heaven on a new earth, the descent of the New Jerusalem or I Am Nation, the flowering of our innate twelve spiritual powers: faith, strength, love, wisdom and others.

How do we enter heaven? By envisioning and creating a healing haven into which our high Self can descend and dwell. Go into meditation now. Be in a safe, secure, quiet, peaceful place, a haven where you surround yourself in a cocoon of Christ light. Once you are immersed in the stillness of this protective force field, visualize a large etheric letter H descending from above. It comes down slowly, smoothly and easily, and anchors over and around you. Feel it. Welcome it. Bask in this healing balm for your whole being, especially for whatever part of you that may be out of harmony.

See one of the vertical poles of the H as being to the right of you, about two-to-three away from your physical body. The bottom of this pole anchors solidly into the earth. This right-sided pole correlates with your conscious mind, which symbolically relates to your right side. This is your male polarity, the active aspect of your consciousness, your ability to analyze, organize, discern and compute. As you focus on this pole, you sense your conscious thoughts being aligned with divine, cosmic truths.

Imagine the second vertical pole of the light-filled letter H as being to your left side, at about the edge of your auric field that extends a couple feet or so from your physical body. This left pole anchors securely into the ground and encompasses your subconscious mind, including your soul memories and your feeling nature. This is the feminine or passive polarity within you, your left-sided aspect, your intuitive nature via which you now come into close communion with your Christ Self.

To complete the grounding of the H, see its horizontal pole of light passing through you from side to side. Perhaps this bar of Christ energy flows through your crown chakra and pineal gland where faithfully you connect with your I Am Self. Maybe the horizontal crossbar passes through your third-eye chakra and pituitary gland, the so-called master gland that along with all the other endocrine glands expresses the power of wisdom-justice-judgment. Perhaps the intersecting horizontal bar passes through your heart chakra and thymus gland, crossing out any past heartache and infusing you with a balanced blend of wisdom and love.

With the H around and through you, take in and absorb its harmonious energy. Resonate with the vibration of your high Self and light body. In New Jerusalem consciousness, you are healed and you are a healer. You are in heaven in 2007.

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“Shortly before his passing, [Charles Fillmore] began to have a vision. It recurred several times, always the same one, a vision that he had held to all his life, that he had done his utmost to make a reality upon the earth. ‘Do you see it? Do you see it?’ he would ask, staring intently upward. ‘The New Jerusalem, coming down from God, the new heaven and the new earth—don’t you see it?’” *The Story of Unity*, James Dillet Freeman, page 212.

## 2 – Healing Harmony

I am harmonious; I am whole and holy; I am healed: Here are our affirmations for this week as we once again envision the etheric, light-filled H descending upon us, bringing us into heavenly healing harmony here on earth.

As Jesus said, it is our Father-Mother God's good pleasure to give us the kingdom. The H is His-Her loving gift to us, which transfigures us and flows through us, harmonizing our entire body temple. All we need to do is to have faith that this is so, strength to steadfastly hold the healing power, love to feel and embrace and share it, and wisdom and good judgment to use it rightly and justly. As a child of God, we ask our Parent for harmony and He-She gladly gives us hope, healing and happiness.

Do you see it? Do you see the light-filled H descending from above, lowering itself into your force field? If you are not a visual person, do you sense and feel its presence? If not, then be still. Watch. Wait. Let it happen, as God wills it. See it. Flow with it. Take great joy in it. Be it.

Imagine, sense, feel one vertical pole of the H to the right of you, your conscious side. To your left side is the other vertical shaft of light, which energizes and harmonizes your subconscious mind. Picture the horizontal pole of the H traveling through your two temples, right through the center of your head. You may feel pressure on your temples as this initially occurs and takes shape. Perhaps there is some resistance to its passage through your brain, but in time the pole lights up your entire inner vision, since this is the region of the all-seeing, cosmic, third eye, where you judge wisely and rightly.

At a corresponding physical level is the master endocrine gland, the pituitary gland at the base of your brain. This is a peanut shaped organ, tiny in size, but powerful in its ability to bring balance, harmony and homeostasis to every part of your body. The pituitary is the master judge and dispenser of healing justice, since it secretes nine or more hormones that regulate all the other endocrine glands, whose hormones in turn harmonize all the other body organs. See harmony and balance, and your hormones manifest this throughout your physical form. See the H, incorporate the H and be the H. Be healed.

The horizontal pole is level, signifying that it has a leveling, balancing influence on all your thoughts, feelings, memories and physical actions. Once this horizontal pole becomes firmly affixed to the right and left vertical poles, it brings a stabilizing, solidifying, harmonizing influence to your whole being. Now you are level headed. Now you feel balanced. Now you are filled with wisdom and good judgment. All is well. All is balanced. All is healed.

Throughout this week, whenever you feel disjointed, imbalanced, disharmonious, or pulled in a thousand directions, re-visualize the letter H around and through you. See it. Remember that it is always there, that all you have to do is to remember it, recognize it, receive it, be with it, and let it level you off into a state of heavenly harmony. Diligently practice this healing presence. Come back to it time and time again. Remember always that it is your gift from God. Open this cosmic present by affirming: I am harmonious; I am healthy; I am whole and holy. See it and be it.

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Charles Fillmore affirmation: "The justice, righteousness, and peace of the Christ Mind now harmonize, wisely direct, and surely establish the kingdom of God in His-Her temple, my body." *Twelve Powers of Man*, page 51.

### 3 – Glow Green

See green. Be green. Let go and glow Godly green. Why green? Because it embodies and radiates healing, harmony, oneness and balance. On the physical level, green light is at the center or middle of the visual spectrum. It is the balancing point or emanation, the earthly hue that heals and harmonizes.

Wear green clothes this week. Put green plants in your room, house and office. Eat chlorophyll-laden green vegetables. Drink green tea, with its healing antioxidant properties. Get out in nature and walk on the green grass and take in the glory of evergreen trees. See the green. Let its color seep into your brain. Be one with its harmonizing radiation. What you see will be.

In this balanced state of consciousness, envision the etheric H descending once more from heaven. This time, its color is an emerald green. It is not that you see this color with your physical eyes but rather with your inner, all-seeing, third eye. It is a color that transcends the physical dimension. Its particular shade, whether light or dark green, to the yellow or the blue side of the spectrum, is unique to you. It is precisely what you need now for your healing. After all, your Father-Mother God has given it to you.

See the right vertical pole of the green H to the right of you, the left pole or shaft of light to your left side. Then the horizontal pole goes through you temples, right through your third eye and your pituitary gland at the base of your brain. Your inner vision now becomes filled with green, healing, harmonizing, holy light. See it. Be it. Where once there was darkness, you now glow green.

Here comes the judge, your own indwelling I Am Self. This is the time to watch and wait and weigh your credits and debits. Now you evaluate and heal the cracks in your humanity, the hole in your soul.

Call upon Spirit to show you whatever is not in a state of peace and balance within you. Maybe your lack of harmony already is right “in your face,” in the form of an angry ex-spouse, an unruly child, a nasty boss, or a former friend whom you still allow to make you miserable, whom you obviously have not forgiven fully. Maybe you have a health problem that needs green enlightenment and treatment. Maybe your blockage is one that you have worked on a hundred times, which you thought you already had healed, but recently has resurfaced.

Whatever or whomever it is, bring this condition into the green light of healing. See it bathed in the glow of green luminescence. Affirm that peace and balance now reign in this part of you. Call upon Spirit to give you the wisdom to see what needs to be rectified and the ways in which you can do this. Having asked for it, expect and know that divine justice now is being meted out.

In God’s good time, presently or in a later dream, meditation or reflection, you see the light. The green light goes on. A new harmony lowers itself into your being. You glow in its goodness, in its God-given grace. Thank You, beloved Father-Mother Creator!

Now go global. Let your green light shine upon any person or place on the planet that is out of harmony. See the green H surrounding and imbuing others with its healing light. Know that this Godly green energy already is within every soul, waiting to be recognized, acknowledged and incorporated. What you rightly judge and wisely see, will be.

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“The angel also showed me the river of the water of life, sparkling like crystal, and coming from the throne of God and of the Lamb and flowing down the middle of the [New Jerusalem’s] street. On each side of the river was the tree of life, which bears fruit twelve times a year, once each month; and its [green] leaves are for the healing of the nations.” John 22:1-2 (Good News Bible)

## 4 – Make All Things New

On January 30, 2007, in a dream, I was told that the time for major Earth changes and planetary cleansings was shortly at hand. To illustrate the timing, a series of four small squares appeared in a horizontal line in front of me. Each square represented a short segment of time. It was as if a clock was ticking, with one of its hands clicking on each square. When the hand reached past the last square, the next major series of catastrophic changes would commence -- it would be soon. There was nothing that I or others could do to stop the Earth upheavals. Rather, they were part and parcel of the remaking of the planet and all life upon it. In divine order, this would be decrystallization of the old to make way for the new.

When I awoke, I was not surprised or disturbed by this dream prophecy. For months, I and other close associates have felt the stepped-up influx of the higher spiritual energies into our force fields. With each new implantation of these Christ frequencies, I commonly had some core new insight or feeling of wholeness. These healings, however, typically were followed by periods of disharmony and discombobulation. Each time the New Jerusalem consciousness anchored in me, it decrystallized and pressed out anything in my mind, body and soul that could not absorb and hold the higher healing frequencies. This was the tearing down of my mortal temple. With it came a series of symptoms: digestive difficulties, problems sleeping, weird dreams, respiratory congestion, migraine headaches, heart arrhythmia, and most recently laryngitis. What a roller coast ride it was, with exalted highs and frightening lows, the very best and worst of times.

As within, so without. As my mortal temple quivered and quaked, mental storms raged in my mind, old memories flooded and nearly inundated me in their allure, and my physical body temple reacted with all manner of dis-ease, I sensed that the same thing was happening or about to happen in everyone on the planet and for the planet as a whole. It now seems clearly obvious that things have reached a breaking point; it is about to "hit the fan." When, what and where will the disasters be? I don't know, but it will be soon -- days, weeks, months or longer. The catastrophic cleansings will not occur in just one short burst or a single place, but rather in a long series over a period of many years and decades all around the planet. As Charles Fillmore has written (see below), this time is "the end of a world dispensation, a climax in race development."

So, what are we to do? Picture the etheric H lowering itself over you, one pole to each side of you. The H's horizontal pole crosses through and stabilizes any part of you that is shaking and quaking. Be the H. Glow green. When mental storms savage your sanity, stay centered in your quiet and harmonious core. Remember and reaffirm that the H symbolizes your high Self which is always with you, in all ways, full of good humor and heavenly peace and the power to heal all things. As your mortal temple is decrystallized and torn down, hold faithfully to your unshakable belief that in three days the Christ within you will rebuild it.

In your foursquare, rebuilt healing haven, link with other healers on this plane and the inner planes. Patiently and persistently radiate peace and balance to others, to all life, to all the elements of the Earth. With divine love, cast out all fear. Be not dismayed by the major Earth changes within and without, but wisely welcome and relish this golden opportunity to make all things new. Let go and let God.

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"Read the whole 24<sup>th</sup> chapter of Matthew. In it Jesus describes in symbols and facts what is taking place today in all parts of the world. It may be argued that these conditions have been present in every generation, and so they have; but never have so many of the signs stood out so forcibly as now. All this indicates the end of a world dispensation, a climax in race development. . . The wise see in all this the passing away of old ideas and old things to make room for the new. 'Behold, I make all things new.'" Charles Fillmore, *Jesus Christ Heals*, page 20.

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"For nation will rise against nation, and kingdom against kingdom; and there will be famines and plagues and earthquakes, in different places. . . But he who has patience to the end, he will be saved." Matthew 24: 7, 13. (Lamsa Bible)

## 5 – Forward!

On January 17, 2007, at our weekly Hierarchal Board Meditation, when we at Mark-Age/I Am Nation come together to commune with our I Am Selves and with the ascended masters of the spiritual Hierarchy, I felt lifted up in consciousness and came into contact with El Morya, Chohan of the First Ray of Will and Power. (In his past life, he was known as Mark, one of the two co-founders and directors of Mark-Age.)

In the silence, I heard him speak a single powerful word: Forward! Then, in my inner vision, I saw him as a general or commander of the army of light workers. After he issued his decree to move forward, he turned around, pointed ahead with his right arm and finger, and confidently began walking. I and others with me followed.

Still, there was a small part of me that resisted. Can't we wait a little longer, I thought. I'm not sure I'm ready or capable or courageous enough to take up my bed and walk. Under their breath, others around me, near and far, let out a similar collective groan. Not this again. When will it ever end? How are we to face the upcoming catastrophic changes?

So, all of us may need some fortification of our faith before we step forward. Moreover, before we act upon this guidance, we need confirmation that it is accurate. No matter what anyone else says, we go within and ask Spirit to show us His-Her will--not my will, but Thy will be done. Then come the power to do it, the prompting to speak the word, the inspiration to rise up and to forgive others in our past, and the heartfelt desire to apologize and call forth forgiveness for our own remaining errors, weaknesses and resistance. With forgiveness flow peace, balance and harmony. One with God and with each other, we move forward as one bulwark of light.

My confirmation came a week after the communion with El Morya. Seemingly by accident, I was guided to read pages 148-152 in Charles Fillmore's book *Jesus Christ Heals*. In this, he talks about the difficulties and trials of this time period, foretells the wars and catastrophes to come, and discusses the difficulties in healing ourselves and others. Then he gives his affirmation for how to deal with this: **I press forward with courage and boldness in the power of God, and I am healed.** This confirmation hit me like a bolt of lightning, crossing out the doubt I still had, making me confident about sharing this guidance and truth with others. Thank You, God.

Picture the etheric H descending upon and around you. The right vertical pole of the H anchors First Ray faith, will and power in your force field. It firms up and fortifies your faith, it reveals God's will to you, and it empowers your voice and limbs. The left vertical pole carries the Seventh Ray vibrations of peace, love and forgiveness. In the peaceful presence of your I Am Self, ask to be forgiven for your flaws and failures, and call upon our heavenly Father to forgive others, which frees you to move forward. The horizontal pole of the H connects the two vertical poles, bringing forth healing, harmony and balance. In this new heaven on a new Earth, mix together just the right combination of faith, will, power, peace and love to heal yourself and to be a healing channel for others and all life forms.

In the holy, harmonious hold of the cosmic H with all its healing powers, one with your guides and guardians of the higher planes, step forward carefully, confidently, with Christ mastery and persistence. **I press forward with courage and boldness in the power of God, and I am healed. I heal humanity and I heal our earthly home. Amen.**

## 6 – Judge Wisely & Rightly

Picture an etheric, green letter H descending over you. The right vertical pole of the H is a couple feet to the right of you and it activates your conscious, analytical mind. At arm's length from your physical body, the left vertical pole draws together, empowers and aligns your subconscious, emotional, intuitive faculties. The horizontal pole of the H passes through your temples, third eye and pituitary gland in the center of your head, which is the primary throne of judgment-justice-wisdom in your body temple. As a wise I Am, superconscious judge in the courtroom of your mind, begin to wisely and rightly judge your soul and others.

In doing this, you fulfill Jesus' prophecy given in Matthew 19:28-30 (NIV): "I tell you the truth, at the renewal of all things, when the Son of Man sits on his glorious throne, you who have followed me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or children or fields for my sake will receive a hundred times as much and will inherit eternal life. But many who are first will be last, and many who are last will be first."

Under Spirit's guidance, carefully discern and make a list of the twelve most influential people currently in your mind and life. These twelve take up most of your time and require the greatest amount of your energy. They may include your parents or other family members, your spouse or ex-spouse, some or all of your children and grandchildren, beloved or disliked associates at work, fellow church members or truth seekers in your meditation group, mentors and those that you mentor, friends and enemies, and people now on Earth or those who have made their transition but remain alive in your mind and soul.

Start a "Judgment Journal." On the left side of the first page, list these twelve individuals who are the most prominent members of your "tribe." To the right of this list, place two columns. In the first one, write down the major credits, good qualities and loving works of each of the twelve. In a second column, note the remaining debits, downfalls, dysfunctions and dark sides that you see in these twelve souls. As you do this, beware of any lingering pain, distrust, fear or vengeful thoughts and feelings that you have about each one. Note your negative attitudes on a separate page in your journal.

In discerning and recording your evaluation of the good and evil within you and them, be careful about being judgmental, for as you judge so shall you be judged. Think of this initial process as only the beginning step in a long, careful, cautious, well-balanced evaluation of them and yourself. Above all, desire to know the truth, the whole truth and nothing but the truth. Until this becomes clear, you will not be able to help, harmonize and heal them or to transmute your own negativity about your tribe.

In your evaluation, be sure to combine your power of wisdom with your power of love, since the two rightly function together as a balanced team. Have compassion for each one of the twelve. As part of setting the stage for your courtroom proceedings, ask our Father-Mother God to forgive you and them for any errors, weaknesses or misperceptions you and they may have. Then let go and go with the flow.

Spend this week or longer making your initial evaluation, with the understanding that this judgment will evolve, change and be refined as more evidence comes to you in dreams, visions, talks, moments of inspiration and further analysis. All is well and in divine order.

## 7 – Wisely Love One Another

Take a look at the list that you made last week of the twelve most influential and important members of your “tribe.” Pay particular attention to those who are your cherished loved ones: teachers, mentors, soul brothers and sisters, close family and dear friends. Perhaps they make up about half of your group of twelve. These are the wisest, least judgmental and most balanced people in your life.

Make it a point this week to bond more strongly with each of these precious ones. Often, we have a tendency to take such people for granted. We may not make it a practice to thank our spiritual teachers or our friends for all that they give us. Perhaps we get caught up in our own problems and don’t go to our wise loved ones for advice or provide support for our friends in their time of need. Even though our dear ones have guided us deftly and rightly over the years, we still may not really listen to what they say. Whatever the imbalances, correct your error thinking and feeling, and then act upon your new evaluations. Write, call, email or visit each of these six or so individuals and thank them for being your teacher or friend or loved one or all of these roles. Radiate love to them in your prayers and meditations. Give these key relationships the time, love and energy they rightly deserve.

Sometimes, we let ourselves get too caught up in the drama of dealing with those who are challenging, difficult or a “thorn in the flesh.” Perhaps we have several children but most of our time goes to the one who is least balanced. Maybe a single person in our church or meditation group frequently creates some clamor that requires the whole group’s attention; rather than put up with this, we may need to intervene and ask this person to change, or he or she will be asked to leave. Rather than remember and build upon our good accomplishments, we may tend to obsess about our relatively few failures and load ourselves with shame and guilt over these perceived major transgressions with others.

It is crucial to know our true teachers and friends, and our followers and enemies. As easy as this may sound, it definitely is not always apparent at first. For example, after carefully evaluating an alleged friend over months or years, we may see that he or she is a wolf in sheep’s clothing. Some supposed teachers and leaders are like the Pharisees of Jesus’ day -- they say the right things and are in positions of power, but they are filled with self-importance and arrogance. Many folks talk a good game but don’t demonstrate what they profess. To realize who is with us and who is against us, we need to judge people by their fruits. This is not being judgmental, but rather being wise as a serpent, gentle as a dove.

Having rightly discerned our true friends and family and fellow light workers, we honor them, bless them, spend ample time with them, help them and bond together more tightly with these dear souls. Most of us have only a few such longtime and precious friends. We need to make sure, therefore, that we feed and nurture these Christ-centered relationships.

Then, and only then, are we able to give the right and balanced amount of time, attention and energy to the “problem people” in our lives. Fortified with the love of our teachers and friends, we develop new ways to wisely love those who try to drag us down, stab us in the back, demand all of our attention, or blame us for their problems. Secure in our loving heart, we keep our sense of humor and we forgive those who torment us. We love these temporarily deluded souls and let them go to God. Now we are wise love in action.

## 8 – Savor the Second Six

Meditate until you are centered. Visualize the etheric H descending upon and surrounding you with its harmony, holiness and happiness. You are the judge in the courtroom of your mind; seeing and feeling the H is like putting on your robe. In I Am healing consciousness, ask Spirit to show you the truth. Your Christ court is now in session for a whole week.

**Day 1:** Before you comes one of the second six or so people who make up your “tribe of twelve.” Last week, you focused on the first six souls -- your teachers, friends and loved ones. Today you take testimony from the first of the six others, who torment and trouble you. Savor the sacredness of the soul in front of you. Judge this person to be a child of God. All day, keep your eye single on the core of him/her. Hail to the Christ in thee.

**Day 2:** Spirit brings the second of the six to your attention. This one has been a longtime nemesis. It could be one of your parents. Maybe it is your “evil” ex-spouse. Perhaps it is your problem child or crazy boss. Give up your sense of being a victim of this individual. You have attracted him/her into your life. Perhaps you have volunteered to serve this soul. Maybe in past lives, you have done the same thing to this individual that you now angrily accuse him/her of doing to you. Father-Mother God, forgive both of us. Please!

**Day 3:** As you hear the testimony of the third of the six, you may find yourself getting irritated with this “idiot.” So, what is it that so inflames you about this “crazy” one? Why don’t you feel more compassion for this soul? Could it be that this person has the same fault that you have? Your imbalance may be subtler and harder for you to see, but it is the same unhealthy attitude. If so, write down this initial impression in your “Judgment Journal” that contains all of your other courtroom insights about the second six souls.

**Day 4:** You’ve had enough of the nasty, aggressive fourth tormentor who has been a “thorn in your flesh.” So, why is this fractured fool still in your life? Why do you still let this thorny relationship drive you bananas? Could it be that you need to turn the tables, to see this person with new eyes? How about you picture this person as a rose with thorns, not as a thorn with a wilted flower? Then, love will protect and heal both of you.

**Day 5:** On the witness stand is the sweetest of the second six, one who appears meek and mild, says the right things, and seems harmless. Still, your antennae pick up other signals. Slowly, you begin to wonder: Is this a sheep in wolf’s clothing? Is this one who “kills you with kindness?” Is this a Judas who betrays you behind your back? Slowly ponder this possibility. Ask Spirit for further evidence. Do not rush to judgment.

**Day 6:** Are you to release and replace the twelfth member of your tribe, like unto Matthias replacing Judas? Have you done your best to help this person and to heal your relationship, but this self-destructive soul still shuts you out of his/her life, makes it clear that no advice from you is welcome, and shows you repeatedly that he/she is not receptive to your prayers? If so, is it time to “let the dead bury the dead” and to find a new friend? Weigh this very carefully and wisely. Not your will but Spirit’s will be done.

**Day 7:** Rest in the peace and wisdom of your I Am Self. Realize and appreciate the new good judgment that is growing slowly but surely within you. Savor, salute and send love to all twelve of your tribe. All is well and in good order. Thank You, God. So be it.

## 9 – Hilarion Heals

For the last month or so, you have been taking testimony and weighing the evidence about your “tribe of twelve.” No doubt, you have had new insights, loving feelings and better understanding about each one of them, as well as about yourself. Still, thorny questions remain. Parts of the puzzle still do not fit together with some of them or with you.

So, now it is time to take things under advisement, to retreat from the courtroom of your mind and to go into your private judge’s chamber. Here you sit quietly, call upon Spirit for Its wise input, and listen carefully to the still small voice within you. Spirit, what am I missing? What is your judgment of each of the twelve? What is your verdict?

As you wait, watch and listen, become more aware of your guides and guardians in the higher planes who are assisting you in this process. Remember that you are never alone, even when you sit in what appears to be an empty room or chamber. Sure, no one may be physically present, but you have scores of helpers and healers on the higher, invisible planes who whisper in your inner ear and open your mind and heart to new realities.

In particular this week, call upon the ascended master Hilarion, who in his past lives was Charles Fillmore, Paul the Apostle and Plato the Greek philosopher (see below). Perhaps you never have heard the name Hilarion or don’t believe in ascended masters or reincarnation. However, more than likely you know about Charles Fillmore, co-founder with his wife Myrtle of Unity. Probably you have seen pictures of him or have one in your home. No doubt you have read some of his writings. If not, please devour at least one of his books this week, for they contain some of the most inspiring truth teachings that are available.

Surround yourself in a cocoon of light, whose only opening is at the top of your head, where you commune with God and the ascended masters. Always be protected before you attempt to contact those on the inner planes. Then, imagine Hilarion slowly and gracefully descending through the ceiling until he stands before you. See how he presents himself. As you await his appearance, reflect for a moment on the H in his name. It stands for healing, harmony, holiness and health. So, as he comes down to be with you, he brings an incredible healing vibration that permeates your entire judge’s chamber.

Perhaps he presents himself to you as he has in two of my recent dreams. Both times, he was dressed in the clothes and boots of a construction worker, his body toned and muscular, and his hair cut in a brush cut or flat top. He had no airs, no guile, and no sense of being special as he joyously talked with his co-workers. He just was himself, an ordinary man who in his lifetimes had done extraordinary things by having Spirit do these things through him. His flat top symbolized that he was a level-headed man. His workman’s outfit indicated that he not only talked the talk but he walked the walk and did the work. How could you not but want this man to be your best friend and beloved teacher and fellow judge?

If you don’t “see” him in your meditation, just know that he is there with you. Carry on a conversation with him. Ask him for advice about the questions you have and the judgments you are making. Ask and receive. With his guidance, be a righteous judge and be healed!

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When I (Dr. Robert) asked Unity minister David Williamson, PhD (who co-wrote with me *Twelve Powers in Man*) if Charles Fillmore believed he was Paul the Apostle in his previous life, David replied emphatically: “Absolutely. When I was Director of Education for Unity School in the 1960s, it was common knowledge that Fillmore had spoken openly and frequently with his co-workers about his firm belief that he had been Paul.” Moreover, Fillmore’s contemporary, Ernest Wilson, wrote about this in his book, *If You Want To Enough*, compiled and edited by Ronald and Beverly Potter, Englewood, CO: Quality Press, 1984, p. 127. See also a marvelous comparison of Paul and Fillmore by Unity minister James Gaither (chairperson of metaphysical studies and skills at Unity School) in his book *The Essential Charles Fillmore*, pp. 1-3.

## 10 – Father, Forgive Them

From Palm Sunday (4/1 this year) to Easter Sunday (4/8) is the most extraordinary week in Earth's history. Please read the accounts of these seven days in the Gospels.

On Palm Sunday, Jesus rode into Jerusalem on a colt, hailed as the Messiah. Even in his joy, however, he wept over Jerusalem because most of its inhabitants heard him not. He wanted to take them under his wings like a hen does with its brood. Have we not wanted to nurture all of our brood, our "tribe of twelve," but now we weep over some of them?

In Jerusalem, Jesus taught in the temple. He called the Pharisees and scribes hypocrites, the blind leading the blind, serpents and vipers. He bluntly described how they taught the letter but not the spirit of the Law, how they were filled with self-righteousness. Talk about tough love and wise judgment! Yet, he did not condemn them to hell. Rather, he just told the truth and let them go -- they would reap what they had sown, for that is the divine law, not man's law. Are you willing to tell the truth, as best as you see it, to the blind "know-it-alls" of your tribe? To toughly love the Christ in them and to let God's cosmic laws be their wise judge and jury?

On Good Friday, Jesus celebrated Passover with his twelve beloved disciples. Once again, Jesus judged rightly, wisely and lovingly, seeing and saying plainly that all of them would deny him and one would betray him. His own disciples! Yet, again, he condemned none of them, struck not one of them in anger, exacted not a single pound of flesh from any of them, and did not in any way feel sorry for himself. Instead, he washed their feet, served them wine and bread (symbolizing the energy and substance of his light body), and told them that he was going to prepare a place for them to which they now could not go. Are you willing to say goodbye to your loved ones, even the Judas in your midst, so that you might go to a new place of judgment, love and peace? To let them go so that you can go to your Self -- your good and holy I Am Self?

At his trial under Pontius Pilate, Jesus mostly was silent. Pilate said to Jesus, help me out here and say something in your defense, for I have the power of life and death over you, whether you are crucified or not. And Jesus said in essence, "You have no power over me unless it is given to you by my Father." Friends, are you still giving your power away to someone whom you think has power over you? Whom you feel is crucifying you? Well, no one has the power to destroy you. Only by responding to unkindness with unkindness, by wanting to be loved by others, or by casting your pearls before "swine" do you destroy yourself. Cause and effect. Our Father's law.

On the cross, bleeding, in excruciating pain, and about to die, Jesus uttered perhaps the most powerful words ever spoken by any man on Earth, "Father, forgive them, for they know not what they do." Here again, in the very depth of his being, Jesus judged wisely, compassionately, truthfully and rightly. He was not judgmental. He did not condemn even those who were killing him. He sought no revenge. Rather, he forgave, which paved the way for his being lifted by Spirit off his cross and placed in the tomb for three days of darkness. Then he resurrected his light body. As a result, the whole world never has been the same. For now we all know it is possible to go and do likewise. No matter what anyone has done to us, we can forgive this soul, by asking our Father-Mother God to give this forgiveness through us. How simple could it be? But will we do this?

One by one this week, all of our tribe who try, tempt and crucify us will pass before us for our judgment. Will we see them for whom they truly are: beloved children of God who temporarily are sick, blind, insane and hard-hearted? If we judge them rightly, then we will forgive them and love the immortal light in them. If not, we will stay on our cross of suffering. Forgive and we will be forgiven. Love and we will be loved. This is wisdom. This is right judgment. This is the truth.

## 11 – Douse the Drama

Order! Order in the court. Come to order and be at peace or I will have the bailiff remove you from the courtroom of my mind and out of my life.

Sometimes, especially lately, when we sit on our throne of judgment-justice-wisdom, things go a bit bananas. All of a sudden, our disturbed thoughts may go in a thousand directions at once. Our imbalanced emotions, hidden until now, may rear up and take over our mind and soul. Perhaps old scar tissue in our soul, memories that we thought we have healed, come raging once again to the surface and run rampant through our consciousness. Even our physical body may erupt with various mysterious symptoms.

Moreover, people around us, those in our tribe of twelve or others suddenly may “act out,” do crazy things, repeat old patterns or develop all manner of illness. This is especially disconcerting in those whom we are trying to help or those who are members of our family or close associates. Probably the most dramatic outburst of insanity comes from the one who is the thorn in our flesh, our problem child, who tries to drag us once again into his/her whirlwind of negativity.

So what are we to do as a wise judge when this happens within or around us? Well, one of the first things we can do is to douse the drama. Throttle the theatrics. Slough off the shenanigans. Don't play the game of the fixer or enabler. Don't meddle in mind games. Let go. Let things be. Let the “stuff” die down and sort itself out. Affirm: Peace, be still. Then be at peace.

We mortal beings love drama. In fact, in one form or another we are addicted to it. The mortal part of us, despite all of our best intentions, loves to suffer. Suffer, suffer, suffer. Fight, fight, fight. Play the game of controlling others or being dominated by them. Try to please others, to be loved by others, instead of by our loving Father-Mother God. If it were not so painful, it would be funny. Oh sure, we say we want to be at peace, to be centered, to let others be themselves. And then in some subtle or overt way, we allow ourselves to get swept away in our own mortal drama or in the drama of others. And then we typically bemoan our fate and blame God for our problems.

Douse the drama! This is our new plan, our new approach, our new way to let go of and to eliminate this addiction to mortal machinations and personal baloney. If someone else refuses our help and does not take our advice, then we let them go -- hey, you want to suffer, go right ahead. As with all forms of addiction, it is not until such a person hits bottom that he/she will change or listen to anything we might say that is helpful.

Drop the dramatics! Almost every problem has a simple solution, a simple cosmic principle that when applied wisely and judiciously will bring about new balance. We don't need to get all riled up about how we are to change or how we can make others become healthy. Enough already. Order in the court. Let me be still and know that God is with me, in me and expressing as me. To one and all, we say: Be at peace and go about things simply and systematically, with love and respect for one another. Cut the crap. Deal with it; don't dump it on me. I love you and I let you go to God.

Friends, things are heating up all around the planet and within the depths of everyone's mind, heart and soul. This is due in large part to the increasing influx of higher spiritual energies into every corner of the planet, which is stirring up all that is hidden and denied. Now the suppressed insanity of mortal man gushes out into the open, often in a dramatic form, and often made more dramatic by people's excessive reactions. So, please be careful, cautious and compassionate. Always be protected. Be at peace and radiate peace. Judge wisely and love one another. Douse the drama and birth a new way of life for all on Earth. So be it.

## 12 – Peace Be Unto You

Our goal and destiny in 2007 is to bring heaven to Earth. To do this, we first judge, evaluate, cross out and reprogram our soul record and all of our relationships with others. This is especially true of our tribe of twelve. Over the last four months, each tribal member paraded before us in the courtroom of our mind, where we carefully watched and weighed this person's health or imbalance. Wisely and truthfully, we also noted our own erroneous attitudes and negative feelings about these friends or tormentors.

At the end of each trial in our courtroom, we pulled back and went into our inner chamber to commune with Spirit and the agents of Spirit who assist us from the higher planes. The drama of the courtroom proceedings came to a close. In the stillness, however, perhaps we realized just how much we had allowed ourselves to get caught up in all the mortal machinations of our tribe of twelve. We certainly hadn't planned to get swept away in our desire to help them, in our need to fight with some of them, or in mistreating them as they mistreated us. Nor did we intend to give advice when they did not welcome it (to throw our pearls before swine, who turn and rend us). Still, we added our theatrics to theirs. So, douse the drama, we decreed. Let it go. Be gone. Enough already.

Now we have crossed out past error ideas, feelings and behaviors. We have removed ourselves from those who try to drag us down to their level or even to destroy our balance and health. We have given up any lingering notion that we can fix or change or improve anyone else; in the final analysis, we only have the power to change ourselves, to be an example of love in action. People either "get it" or they don't. We have forgiven our tormentors, and therefore have been forgiven. In a sense, we are dead to the past, so into the tomb we go.

In this cosmic womb of our Mother God, we rest and replenish our soul. Our Mother's divine love embraces, comforts and nourishes us. We feel limitless, formless, one with Primal Energy. Looking about, we perceive the vast darkness of the universe, the immense empty space out of which all form arises. All we see are stars that represent new I Am ideas and possibilities. In this healing chamber of our Mother's womb, from out of the Void, we are reborn, renewed, and remade. A deep peace slowly wells up within us and gradually pervades our entire consciousness. We resurrect our light body, which radiates through our mental, emotional, astral and physical bodies. We are one with the One. We are balanced, harmonious and at peace.

In due time, directed solely by Spirit, we emerge from the protective cocoon of the tomb, having transformed from an earthbound caterpillar to an I Am butterfly. After drying our "wings" and getting accustomed to our new level of heavenly Christ consciousness, we know it is time to appear to others. In our meditations and visualizations with each of the twelve with whom we still feel a deep connection, we appear as from behind closed doors, much like Jesus materialized in his light body to his disciples. We say to each beloved one, Peace be unto you. We say it not once but twice, again following in the footsteps of the Master (John 20: 19-21). Precious child of light, peace be unto you.

This is our new judgment, our new verdict, our new decree to our tribal members. Before, we looked primarily at their thoughts, feelings, memories and physical bodies -- we saw them as limited mortal beings. Now, in I Am consciousness, we rightly judge and wisely see the immortal Christ or I Am Self in them. Peace be unto you. Peace is within and around you. Peace wells up within all on Earth. We see the whole planet being at peace.

Let there be heavenly peace and love on Earth. And so there is. Thank You, God.

## 13 – Hopeful Harmony

Picture a large green etheric letter H superimposing over and enveloping you in harmony, health and hardiness. The right vertical pole of the H is a couple feet to the right of you; it aligns and harmonizes your masculine, analytical, factual, conscious mind. The left vertical pole is about an arm's length away from the left side of your physical body; it brings balance and homeostasis to your feminine, intuitive, symbolic, subconscious mind.

The green horizontal pole of the H passes through the center of your head, crossing through your pineal gland. As this horizontal pole integrates and harmonizes your conscious and subconscious aspects, you feel level-headed. And you affirm: "Christ in me, my hope of glory." When your conscious (male) and subconscious (female) are married, aligned and balanced, you experience the boundless hope that you have in your superconscious mind or I Am Self.

Our power of wisdom-justice-judgment expresses in our body primarily by way of our endocrine system, which harmonizes and produces homeostasis in our whole body temple. The seven major endocrine glands correspond to the seven major chakras or energy centers in our astral body. Each gland secretes a hormone(s) into the blood stream, which modulates and fine tunes a particular system or organ of the body. The pineal gland's principal hormone called melatonin brings balance and level-headedness to our cerebrum (which is our faith center).

The pineal gland is located in the center of the brain, between the two cerebral hemispheres. The name pineal refers to its resemblance in shape and size to the nuts found in the cones of the stone pine. Rene Descartes postulated that the pineal was the "seat of the soul." In a sense, it is, because it is the primary endocrine site for the linking with the light or Christ body. The crown chakra/cerebrum/pineal gland is the principal site whereby spiritual or Son/Christ light first enters into our body. From the crown center, the light descends to the other chakras/physical organs.

In analogous fashion, during the day, sunlight enters our physical eyes, prompting nerve impulses to travel to part of the hypothalamus, which relays the messages to the pineal gland. These signals shut down the secretion of melatonin, which in turn influences the sleep regulatory center in the hypothalamus such that we are awake and we function primarily in our conscious mode. At night, with no influx of light, the pineal gland produces large amounts of melatonin that augments our hypothalamic sleep center, which then promotes our sleep cycle, including our dreams, wherein our subconscious mind predominates. Thus, the pineal gland regulates and harmonizes the functioning of our cerebrum, through which our conscious and subconscious aspects of mind control, direct and monitor all other body organs.

Spirit in me, my hope of harmony: Affirm this, feel this, know that this is true. The wisdom and good judgment of my superconscious Self can express through me only to the degree that my conscious (masculine) and subconscious (feminine) aspects are working together as one. We need just the right blend and balance of both conscious and subconscious, of the left and right cerebral hemispheres. Then we are level-headed and healed, wise and just.

Revisualize the green etheric H. H is for hope. H is for harmony. H is for level-headedness. The H's horizontal pole passes through your pineal gland, prompting it to release just the right amount of melatonin that tones your whole brain, which brings balance to your whole body.

Christ wisdom-justice-judgment in me, my heavenly hope of healing: In this I have full faith; with this, I am a level-headed, wise judge; expressing this, I am harmonious and holy and whole.

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On his deathbed, "[Charles Fillmore] asked of a friend who came into his room, 'Do you know what the most important words in the world are? . . . Christ in you, the hope of glory.'" -- *The Story of Unity*, James Dillet Freeman, p. 212.

## 14 – Be A Wise Woman

Once more, the green etheric H superimposes over you -- it is like a visit from a dear, loving friend who “drops in” to see you. This time, the horizontal pole of the H passes through your temples and your pituitary gland, a pea-sized endocrine gland at the base of your brain in the center of your head.

The pituitary corresponds to the third eye chakra, which typically is felt and experienced in the forehead region. This power center in the astral body is the primary seat of the soul or subconscious mind. Whereas the crown/pineal expresses the masculine or positive polarity, the third eye/pituitary is the feminine aspect, the passive polarity, the region of dreams and “aha” moments, the inner screen or mirror where we see visions and broadcast new images to others. (I refer to these two glands as “papa pineal” and “mama pituitary.”) The third eye/pituitary also correlates with the memories of this and past lives that we store in our computer-like subconscious mind. Via our all-seeing third eye, we see into the past and into the future, as well as into other realms and dimensions. Only with this wide-ranging vision can we be wise and just, and have the good judgment of our I Am Self.

Feel the horizontal pole of light passing through your third eye chakra and pituitary gland. As it does, it lights up your inner vision. It is as if you go into a movie theater. At first, it takes time for your eyes to get accustomed to the darkness of the theater. Then, slowly but surely, images begin to appear on the theater screen: scenes of your life, images of the twelve members of your tribe, new ways of seeing and evaluating yourself and others and the world.

Sit in righteous judgment of what you see, what you intuitively sense, what you feel in your soul. Watch, wait and listen to the still small voice within you as it guides you and begins to explain the meaning of the scenes and symbols that appear in your mind's eye. Maybe something has been nagging you for days or weeks, which you could not quite understand or explain. Now you ask Spirit to give you the answer -- you ask and receive. It comes not from any sort of logical, deductive, analytical thinking but rather in a flash of inspiration or illumination or intuitive insight. Before you were blind, but now you see with your all-seeing, cosmic eye.

Previously, you may have judged mostly by surface, intellectual, factual factors. Now you judge also by the subtle, intuitive, subconscious signs and symbols that Spirit shows you. You are like a wise woman who trusts her intuition. Even if you currently are expressing in a male physical body, you still have a feminine, intuitive, subconscious side to your consciousness. So, be as a wise woman who looks beyond appearances, who peers into the depths of the soul, who knows that we have lived many times before in other bodies, who intuitively feels the divine scales of justice.

Then, based on what you see inwardly and sense in your soul, make wise decrees to bring about balance throughout your body. This is what your pituitary gland does. It carefully weighs and evaluates and determines the amount of all the hormones circulating through the body in the blood. Then it secretes its own nine hormones that regulate the thyroid gland, the thymus gland, the pancreas, the gonads and the adrenal glands. Talk about being a wise working woman!

We not only sense, feel, psychically see and intuitively feel the vibrations within ourselves and those close to us, but we also pick up and are affected by radiations from individuals and groups around the world. For example, for about the last week or two, but especially in the last few days, I have been sensing a growing upset, confusion, insanity and impulsiveness from those in mass consciousness. Many of my dreams have been disjointed, weird even, as if I have entered a twilight zone. (Some of this emanates from the fighting between Hamas and Fatah in Gaza.) It has made me feel irritable, annoyed and unable to really relax. It feels as if some major disturbance in humankind or with the Earth itself is about to erupt. So, I counter this by radiating peace and balance, even as I focus more on protection for loved ones and myself.

I Am wise as a serpent, as gentle as a dove. Let there be peace on Earth and let it begin with me.